

*Eden Aldrich, RNP*

**STANDING ORDER**

**CONSTIPATION**

**I. ASSESSMENT**

A. Assess date of last bowel movement, regular bowel habits, eating habits.

**II. MANAGEMENT**

A. Instruct inmate to drink eight or more cups of water each day.

B. Bisacodyl laxative tablets, one or two tablets daily up to three days, or Milk of Magnesia 30cc may be purchased during A.M. and P.M. medication pass.

C. May give stool softener (Metamucil), one packet daily up to three days.

D. If no relief in three days, may give Fleets enema for self-administration.

**III. EVALUATION**

A. If no relief obtained from the above, will be assessed by Facility Provider.