**Deschutes County Sheriff's Office – Adult Jail** L. Shane Nelson, Sheriff 9 **Standing Order** 

**Facility Provider:** 

# STANDING ORDER

**SO-517** 

February 21, 2020

# **CONSTIPATION**

#### I. **ASSESSMENT**

A. Assess date of last bowel movement, regular bowel habits, eating habits.

## II. MANAGEMENT

- A. Instruct inmate to drink eight or more cups of water each day.
- B. Bisacodyl laxative tablets, one or two tablets daily up to three days, or Milk of Magnesia 30cc may be purchased during A.M. and P.M. medication pass.
- C. May give stool softener (Metamucil), one packet daily up to three days.
- D. If no relief in three days, may give Fleets enema for self-administration.

### III. EVALUATION

A. If no relief obtained from the above, will be assessed by Facility Provider.

Supersedes: December 6, 2017 Review Date: February 2022

Total Pages: 1 1